



roxana badea

02.01.1988 | Thessaloniki

Clinical Psychologist | Trainer

PROFILE

MSc Clinical Psychology
MSc Psychotraumatology

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CONTACT

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www.asteri.ro (RO)
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SKILLS

Counseling Psychology

Training

Writing

WORK EXPERIENCE

E-learning Designer @ www.zenconnect-academy.com

March 2021 | Online courses for the general public: topics - Fear of rejection; Stress at Job; The link between Stress and Quality of Sleep; Anger and Emotional Intelligence.

LECTURER @ UNIVERSITY OF SHEFFIELD INTERNATIONAL, CITY COLLEGE

April 2019 - Present | Bachelor Degree: Applied Psychology; Brain; Emotions from an Interdisciplinary Approach; Sensation and Perception; Reasoning & Critical Thinking for Psychologists

CO-FOUNDER @ zenconnect health institute

May 2018 - Present | Mental and Somatic Health Center for Stress & Pain Management

CLINICAL PSYCHOLOGIST @ BRAIN Institute

July 2015 - January 2019 | Psychological diagnosis and clinical evaluation; intervention, assistance and counseling psychology for brain tumor & epilepsy patients in a neurosurgery hospital; internal training for the medical staff and management; workshop for external professionals and medical students

FOUNDER & TRAINER @ CENTRUL ASTERI

June 2009 - Present | Establishing collaborations for wellbeing and wellness professional services, Organizing Thematic Workshops for Children & Adults

CLINICAL PSYCHOLOGIST & SANDPLAY THERAPIST @ FUNDAȚIA BUCUREȘTII-NOI

March 2015 - March 2016 | Private practice, 2 days/week, beneficiaries: children (*adopted, abandoned, autistic, from under-privileged environment*), age 4 to 12 years old

PSYCHOLOGIST & RECOVERY TEACHER @ PRIVATE KINDERGARTEN

September 2014 - February 2015 | Observation and intervention for two autistic children

PSYCHOLOGIST & SHADOW @ PRIVATE KINDERGARTEN

September 2012 - September 2013 | Observation and intervention for an autistic child, reinforcement of assertive behaviors, improvement of cognitive, emotional and social area

EDUCATION

PSYCHOTRAUMATOLOGY & PSYCHOLOGICAL ASSISTANCE @ UNIVERSITY OF BUCHAREST

2014 - 2016, Master Degree | Final paper: "The impact of coping mechanisms on anxiety level of surgical patients diagnosed with brain tumor", coordinating teacher Diana VASILE

CLINICAL & COUNSELING PSYCHOLOGY @ HYPERION UNIVERSITY (Romania)

2014 - 2016, Master Degree | Final paper: "Inappropriate behavior of pupils as function of expressing their emotional needs", coordinating teacher Marinela SÎRBU

NEUROPSYCHOLOGY AND COGNITIVE DEVELOPMENT @ UNIVERSITÉ LIBRE DE BRUXELLES

2013 - 2014, Preparatory Year for Neuropsychology and cognitive development Master Degree

PSYCHOLOGY & EDUCATIONAL SCIENCES @ UNIVERSITY OF BUCHAREST

2008 - 2011, Bachelor degree

HIGHSCHOOL @ ȘCOALA CENTRALĂ

2001 - 2006, Bilingual French College

CERTIFICATIONS

KOHS (Block Design Test); MMSE®-2™ (Mini-Mental State Examination, 2nd Edition); STAI (The State-Trait Anxiety Inventory); STAXI-2™ (State-Trait Anger Expression Inventory -2nd); QOLI (Quality of Life Interview); FIT - Feedback Informed Treatment - Bogdan Ion,

Motivational Interview - David Prescott, Depreter & PAXonline - The therapy of depression and anxiety: new procedures and e-technologies

BRIEF PSYCHOTHERAPY@ ARTS&CORS

2020 - Present, Online, Bucharest, Romania; basic training in counseling and short, collaborative, resource and solution-oriented psychotherapies

NEURO-DRAMATIC PLAY @ INSTITUTE OF DRAMATHERAPY

2016-2017, Braşov & Bucharest, Romania; 12 days; Sue Jennings

TEACHER TRAINING DEPARTMENT @ "DIMITRIE CANTEMIR" CHRISTIAN UNIVERSITY

2014-2015, Bucharest, Romania; Level 1 (30 ECTS) & Level 2 (30 ECTS)

RECOVERY TEACHER TRAINING @ UNIVERSITY OF SPIRU HARET

2013, Bucharest, Romania; 60 hours

CREATIVE THINKING AND WRITING TRAINING @ THE CREATIVITY WORKSHOP

2012, Prague, Czech Republic; 3 days

SANDPLAY THERAPY @ ASOCIAȚIA ROMÂNĂ PENTRU TERAPIA PRIN JOUL CU nisip

2010 - 2013, Bucharest, Romania; 153 hours theoretical training, 20 hours personal analysis, 31 hours supervision; Barbara Turner

COACHING @ METASISTEME COACHING

2010, Bucharest, Romania; 52 hours; MCC Alain Cardon

TRAIN OF TRAINERS @ INSTITUTUL ROMÂN DE TRAINING

2010, Bucharest, Romania; 60 hours; Radu Lihaci & Florin Ghindă

NLP PRACTITIONER & NLP MASTER @ NLP EXPLORER

2009 - 2010, Bucharest, Romania; 126 hours; Tibi Felber & Mădălina Dinică

* INTERNATIONAL CONFERENCE OF APPLIED PSYCHOLOGY: "DEPRESSION AND ANXIETY" - April 2016, Braşov, Romania; audient & speaker

* THE 2nd & 3rd EUROPEAN DRAMATHERAPY CONFERENCE: "OPENING THE CURTAINS, DRAMATHERAPY IN EUROPE" / "SETTING THE STAGE"

May 2016, Bucharest, Romania & April 2017, Ghent, Belgium; audient

* THE 15th INTERNATIONAL CONFERENCE ON MOTIVATION: "THE ODYSSEY TO THE ITHACA OF LEARNING: MOTIVATED PERSONS, CHALLENGING CONTEXTS"

August 2016, Thessaloniki, Greece; audient

COACH @ EMERGENCY HOSPITAL BAGDASAR-ARSEM

August 2011 - July 2012, Bucharest, Romania

CLINICAL PSYCHOLOGIST @MAGICAMP (www.magicamp.ro)

23-29 July 2017 & 3-9 September 2017, 17-23 June 2018 - Observation and intervention for children and teenagers diagnosed with (1) cancer and who (2) suffered burns, in a 1 week camp with educational and creative activities (*group of 20 participants*)

TRAININGS

INTERNATIONAL CONFERENCES

VOLUNTEER EXPERIENCE

CAUSES | INTERESTS

LANGUAGES

BLOGS

Animal Welfare, Children, Education | Resilience, Embodied Cognition, Visual Arts, Contemporary Dance

Romanian (Native); French (Excellent); English (Professional working proficiency); Greek (Limited working proficiency)

www.asteri.ro/blog - a blog where I share my perspective about my professional experience RO

www.pacient-chirurgical.info - a blog for supporting brain tumor patients and families (*in progress*) RO

www.metanoima.wordpress.com - personal blog where I share my perspective about life & death RO

www.zenconnect.gr/blog - a blog for people interested in mind-body connection GR

<https://500px.com/roxanabadeal> - a photo community where I share my photography